## **HEALTH HISTORY**

What treatment have you already received for your condition?   Medications   Surgery  Physical Therapy							
☐ Chiropractic Services ☐ None ☐ Other							
Name and address of other doctor(s) who have treated you for your condition							
Date of Last: Physical Exam Spinal X-Ray Blood Test							
Spinal Exam					Urine Test		
Dental X-Ray							
Place a mark on "Yes" or "No" to indicate if you have had any of the following:							
AIDS/HIV Yes No	Chicken Pox	Yes No		☐ Yes	☐ No	Rheumatoid Arthritis	Yes No
Alcoholism ☐ Yes ☐ No	Diabetes	☐ Yes ☐ No	Measles	☐ Yes	_	Rheumatic Fever	☐ Yes ☐ No
Allergy Shots ☐ Yes ☐ No	Emphysema	☐ Yes ☐ No	Migraine Headaches	☐ Yes	☐ No	Scarlet Fever	☐ Yes ☐ No
Anemia ☐ Yes ☐ No	Epilepsy	☐ Yes ☐ No	Miscarriage	☐ Yes	☐ No	Stroke	☐ Yes ☐ No
Anorexia ☐ Yes ☐ No	Fractures	☐ Yes ☐ No	Mononucleosis	☐ Yes	☐ No	Suicide Attempt	☐ Yes ☐ No
Appendicitis ☐ Yes ☐ No	Glaucoma	☐ Yes ☐ No	Multiple Sclerosis	☐ Yes	☐ No	Thyroid Problems	☐ Yes ☐ No
Arthritis ☐ Yes ☐ No	Goiter	☐ Yes ☐ No	Mumps	☐ Yes	☐ No	Tonsillitis	☐ Yes ☐ No
Asthma Yes No	Gonorrhea	☐ Yes ☐ No	Osteoporosis	☐ Yes	☐ No	Tuberculosis	☐ Yes ☐ No
Bleeding Disorders	Gout	☐ Yes ☐ No	Pacemaker	☐ Yes	☐ No	Tumors, Growths	☐ Yes ☐ No
Breast Lump Yes No	Heart Disease	☐ Yes ☐ No	Parkinson's Disease	□ Yes	☐ No	Typhoid Fever	☐ Yes ☐ No
Bronchitis	Hepatitis	☐ Yes ☐ No	Pinched Nerve	☐ Yes	☐ No	Ulcers	☐ Yes ☐ No
Bulimia Yes No	Hernia	☐ Yes ☐ No	Pneumonia	☐ Yes	☐ No	Vaginal Infections	☐ Yes ☐ No
Cancer Yes No	Herniated Disk	☐ Yes ☐ No	Polio	☐ Yes	☐ No	Venereal Disease	☐ Yes ☐ No
Cataracts	Herpes	☐ Yes ☐ No	Prostate Problem	☐ Yes	☐ No	Whooping Cough	☐ Yes ☐ No
Chemical	High Cholesterol	☐ Yes ☐ No		☐ Yes	_	Bowel & Bladder	☐ Yes ☐ No
Dependency	Kidney Disease	☐ Yes ☐ No	Psychiatric Care	Yes	☐ No	Other	
EXERCISE	WORK ACT	IVITY	HABITS				
☐ None	☐ Sitting	IVITY	☐ Smoking			Day	
	☐ Sitting ☐ Standing	IVITY				Day	
☐ None	☐ Sitting	IVITY	☐ Smoking	rinks	Drinks	•	
☐ None ☐ Moderate	☐ Sitting ☐ Standing	IVITY	☐ Smoking		Drinks	Week	
<ul><li>None</li><li>Moderate</li><li>Daily</li></ul>	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks	Week	
☐ None ☐ Moderate ☐ Daily ☐ Heavy	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks	Week	
None   Moderate   Daily   Heavy    Are you pregnant? ☐ Yes ☐ No  Injuries/Surgeries you have had	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks	Week	
None   Moderate   Daily   Heavy    Are you pregnant? ☐ Yes ☐ No  Injuries/Surgeries you have had  Falls  ——————————————————————————————————	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks	Week	
None   Moderate   Daily   Heavy    Are you pregnant? ☐ Yes ☐ No  Injuries/Surgeries you have had  Falls  Head Injuries	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks	Week	
None   Moderate   Daily   Heavy    Are you pregnant?  Yes  No  Injuries/Surgeries you have had  Falls  Head Injuries  Broken Bones	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks	Week	
None   Moderate   Daily   Heavy    Are you pregnant? ☐ Yes ☐ No  Injuries/Surgeries you have had  Falls  Head Injuries  Broken Bones  Dislocations	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks	Week	
None   Moderate   Daily   Heavy    Are you pregnant?  Yes  No  Injuries/Surgeries you have had  Falls  Head Injuries  Broken Bones	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor		☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks/ Cups/[	Week	
None   Moderate   Daily   Heavy    Are you pregnant? ☐ Yes ☐ No  Injuries/Surgeries you have had  Falls  Head Injuries  Broken Bones  Dislocations	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor  Due Date	Description	☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks, Cups/E Reaso	Week	
None   Moderate   Daily   Heavy    Are you pregnant?	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor  Due Date	Description	☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks, Cups/E Reaso	Week	
None   Moderate   Daily   Heavy    Are you pregnant?	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor  Due Date	Description	☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks, Cups/E Reaso	Week	
None   Moderate   Daily   Heavy    Are you pregnant?	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor  Due Date	Description	☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks, Cups/E Reaso	Week	
None   Moderate   Daily   Heavy    Are you pregnant?	☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor  Due Date	Description	☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine Di ☐ High Stress Level		Drinks, Cups/E Reaso	Week	