

12/18/2013

I came to Dr. McFarland-Bryant with low back pain radiating into my buttock and R leg into the calf as well as numbness in my legs and feet. The pain interfered with my ability to bend and prevented me from playing golf. I had previously consulted an orthopedic surgeon who is well known and respected in this area of Florida. I was told that if I did not have spinal surgery, eventually I would not be able to walk due to the degenerating condition of my lower lumbar discs.

Dr. Cheryl Bryant obtained my MRI report and performed a thorough examination including taking measurements of my low back and hip ranges of motion and took x-rays to see my spinal alignment. She had me fill out questionnaires to evaluate the levels of my pain and disability. Then I began a series of gentle chiropractic adjustments. She also recommended a series of lumbar traction treatments on her computerized spinal decompression table. At four weeks, the measurements were repeated to evaluate my progress which had improved considerably. In just six weeks I was able to resume my usual activities of gardening and golfing. At eight weeks I was pain free.

I highly recommend Better Health Chiropractic and their helpful, friendly team of professionals including the massage therapists and the efficient billing by the office manager.

Sincerely,

A handwritten signature in cursive script that reads "Gary VanLandingham". The signature is written in black ink and is positioned above the printed name.

Gary VanLandingham